



Guidelines for Volunteers Serving during COVID-19 outbreak

During this national emergency, we appreciate your willingness to help serve those in need. All volunteer activities **must** follow critical health and safety protocols in order to ensure compliance with all regulatory guidance and protect volunteers, staff, clients, and our communities.

General guidelines for volunteers:

DO NOT attempt to volunteer if you have any of the symptoms identified by the Centers for Disease Control and the Department of Health. Please review them at <https://tools.cdc.gov/medialibrary/index.aspx - /media/id/405848>

DO NOT show up to volunteer for any activity without confirming there's an activity need, that the activity will take place, and that the group needs and expects volunteer support.

DO NOT volunteer if you live with or are in frequent contact with people in higher-risk categories for the virus.

DO ask about any risk that may be associated with the task and **DO NOT** take part if you feel uncomfortable with the risk level.

DO practice universal infection control precautions:

- Clean and wash your hands for a minimum of 20 seconds before, during, and after volunteering.
- Avoid physical contact with others and maintain a social distance of six feet.
- Cover your cough and sneezes with your elbow or a tissue.
- If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.
- Avoid touching your eyes, nose, and mouth with unwashed hands.

DO call ahead to ask if you should take any additional safety precautions before, during and after the shift.



DO give yourself extra time for our staff to screen you and clear you to volunteer.

DO follow the direction to clean all spaces thoroughly before and after use, including table surfaces and doorknobs/handles.

DO always use proper personal protective equipment.

DO practice social distancing (stay six feet apart), **especially** when you interact with the general public.

DO expect that we may cancel volunteer shifts or opportunities, especially shifts related to working with vulnerable populations. Please show grace and understanding as we do our best to navigate this season, taking into consideration the health and safety of all involved.

DO find ways to give back to your community whether it's in-person, virtual, or through in-kind or cash donations.

DO always feel free to share any concerns you may have.

Lastly, we are thankful for your willingness and desire to serve our community with us during these challenging times. Together, we really can make a difference in the lives of those who need it most. We could not do what we do without the generous support of people like you. Thank you!